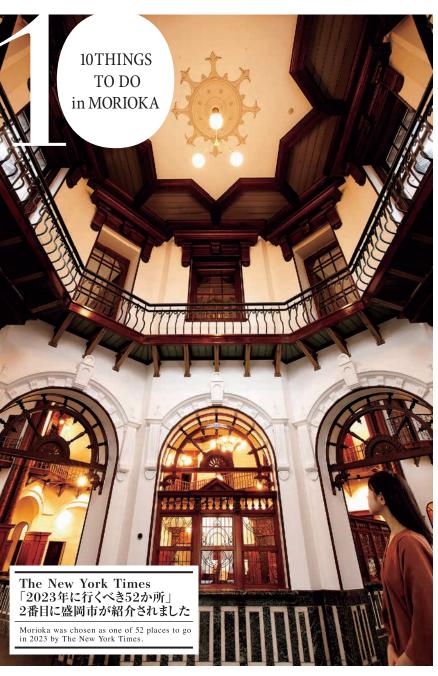
# MORIOKA

Tourist Map



A travel along the tales of Morioka

Morioka Travel Times memo

May Riverside Walk -- Along Fresh Grass

Jun. Chagu Chagu

Umakko Festiva

CHER FITT

UL. Ayu Fishing Season (ban-lift

Aug. Morioka Sansa Odor

2 3

and (

- Festival

and other river activities

Sep. Moiroka

Fall Festival

Oct. Enjoy the fall

State and

NOV. Salmon run up

-- Nakatsu River

A COM

Dec. Resting swans

1

3-

12 Months of Tradition Plenty to see and do during every season

an. Hadaka Mai

**teb.** Ice fishing for

wakasagi

Lake Gando

Blooming, Releasing Salr

ar. Bakke (butterbur sprout)

and the second

Dr. Cherry Blosson

Die N



To 🖪 Koiwai Farm /

2 Morioka

Handi-Works Square

) Tamayama Area



# **Fulfilling Tourism Routes**

Local guides are available to guide you.

• 6 courses of 90 min. • 5 courses of 150 min.

	Morioka Stat	ion	6 min on foot		G <b>reen Space</b> ong Kitakami River	5 min on foot		V Avenue tokucho	5 min on foot	Ono Sensaisho (Old Nanbu Stencil Dy
										🔻 8 min on foot
	Morioka Stat	ion	■ 8 11 min on foot	Tak	ruboku's wed House	11 min on foot				ilding of the former Ilture and Forestry)
										Kenji, and will be able t
Kogensha (IHATOV Avenue Zaimokucho)	enjoy all sorts of ha	ndcrafts s	hops, such	n as those th	at produce Ol	d Nanbu Ster	ncil Dyeing	<b>j.</b>		
Kogensha (IHATOV Avenue Zalmokucho)	enjoy all sorts of ha	ndcrafts s	hops, such	n as those th	at produce Ol	d Nanbu Ster	ncil Dyeing	<b>j.</b>		
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	enjoy all sorts of ha ute > Nakatsu I	River, Ba	shops, such ank Arch Morie	itecture, a	and Handce	d Nanbu Ster rafts Tour	(approxi	a. mately 3hr) Morioka Shinkin Bar Main Office (Exterio 13	k 1 mir on foo	Gozaku (old merch house and shop) / Mori 2 min on
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Reservation Morioka Furusato Guide Trip Reservations must be made at least 7 days prior

Market Times Hours: 5:00-8:30, Tue.-Sun. (year-round), Open on national holiday Mondays from May to December. See inner map for locations 1 Mikoda Morning Market Tel: 019-652-1721

> Hours: 8:00-15:00. 3rd Sun., (April-Novembe 2 Ko Tel: 019-652-0879

Hours: 11:00-13:00, 1st day of every month (May-November 3 Morioka Tsunagi Hot Spring Ichino-ichi M Tel: 019-689-2109

Hours: 11:00-16:00, Saturdays, (April-November) Mikoda Morning Market 4 Fukudecho Ha Tel: 019-623-3036 (Tea House Shun, Fukudecho Shopping Mall)

lours: 11:00-16:00, Wednesdays & Fridays (Year-round), Closed on national holidays 5 Morioka-ekimae Kitano Minyo Market Tel: 019-652-2596 Hours: 15:10- 18:30, Saturdays (Early April-November) 6 7 511

Tel: 019-623-3845 Zaimokucho Yoichi Market RR 美食王国

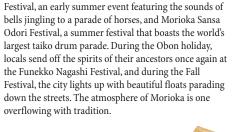
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For details, please check the website

of Morioka Tourism & Convention







Festivals

Local Life at

# Enjoy Sake Brewed with High **Quality Water**



The crystal clear waters of Morioka are an essential ngredient in the city's craft sake. In addition to local brews made by Nanbu Toji (one of the Japan's Three Great Toji Master Brewers), the city is also home to all sorts of great tasting shochu spirit, wine, cider, and craft beer. Enjoy a night out in Morioka with your favorite choice.

**Discover Something Delicious!** Morioka is also active in agriculture, and is home to an bundance of high quality ingredients. From Moriok horthorn beef, to gyoja leeks, to Tsushida yams and more, there are plenty of local tasts to try! For more info on food, as well as Morioka Umaimon Ambassador Certified Shops, check here A new brewing season is announced via



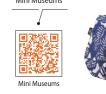
a new Sugidama (cedar ball)



(1868-1912), Taisho (1912-1926), and Showa

(1962-1989).

4600086



Old Nanbu Stencil Dyeing



lorioka						
Tohoku Shinkansen						
Tokyo Sta.	pprox. 2 hrs 1	0 min —	_			
Sendai Sta.	Morioka					
Shin-Aomori Sta.	Approx. 50 n	nin —	Sta.			
n-Hakodate-Hokuto Sta.	_					
By Air (Shortest Route)						
Sapporo -Chitose Airport) Approx. 55 min		Airport Shuttle Bus - Approx.				
Nagoya naki Airfield) — Approx. 1 hr 10 min —	Iwate Hanamaki Airport					
Osaka ami Airport) Approx. 1 hr 20 min —			Morioka Sta			
Kobe - Approx. 1 hr 30 min -		45 min				
Fukuoka uoka Airport) — Approx. 1 hr 55 min —						
Tohoku Expressway						
awaguchi JCT Appro	x. 505 km —	—	Morioka-			
ndai-Miyagi IC Approx. 173 km Minami IC						
		-				

IC: Interchange JCT: Jun

Aomori IC

	Tel: 050-2016-1600
l) Information	Tel: 019-626-9151
ation Office	Tel: 019-654-9359
tation Inc. Information	Tel: 019-641-1212
formation Center	Tel: 019-654-2141
Branch	Tel: 019-604-2211

Sin internation	
formation Center	
Tel: 019-604-3305	
www.odette.or.jp/	Tourism Information Available
tter (2F, Morioka Sta.) TIC	Tel: 019-625-2090
al holidays) TIC	Tel: 019-651-0626
and Culture Museum) lay if it's a national holiday)	Tel: 019-681-2100
(Closed: Wed. and 1st, 3rd, & 5th Sun.)	Tel: 019-689-2109
	Tel: 03-3595-7101
formation Center for Foreign Tou	rists Cartified by INTO







**Related Facilities** (See inner, back for more) Cultural Properties & Histori Buildings Art Galleries and Museums Tsunagi Area 🔵 Tamayama Area

Front cover: Bank of Iwate Red Brick Building (Former Morioka Bank)